

**HOPKINTON SCHOOL COMMITTEE POLICY**

**SAMPLE NOTICE TO PARENT/GUARDIAN RELATIVE TO  
SEX EDUCATION IN HEALTH CURRICULUM**

Dear Parent/Guardian of Students in Grades 5-12:

The Hopkinton Public Schools Health Education Curriculum was developed by our professional staff, guided by the Massachusetts Curriculum Frameworks and with input from the community Health Advisory Council. The overall goal of our courses is to promote the well-being of our students, and to help them make wise and informed decisions.

Human sexuality is a part of the established curriculum. It includes topics such as puberty (Grade 5), dating, relationships and communication (Grades 5-12), reproductive anatomy and physiology (Grades 6-12), responsible pregnancy prevention (Grades 6-12), communicable and non-communicable diseases including HIV/AIDS and universal precautions (Grades 5-12). Material is presented in a balanced, age appropriate, factual way respecting each child. During the course students will be able to ask questions, which will be answered in an age appropriate manner.

If you would like to review the curricular materials at the school, you are welcome to do so. Please call me to arrange a convenient time.

Under Massachusetts law, you may exempt your child from any portion of the curriculum that primarily involves human sexuality education. To receive an exemption, simply send me a letter requesting an exemption for your child. No student who is exempted from this portion of the curriculum will be penalized. We will provide an alternative assignment to students who are exempted.

We look forward to working with you to ensure that your child has a positive and educationally enriching experience this school year. If you have any questions concerning your child's education, please call me.

Sincerely,

Principal  
(phone #)

Hopkinton School Committee  
Hopkinton, Massachusetts

Adoption Date: October 18, 2001 (Proposed)